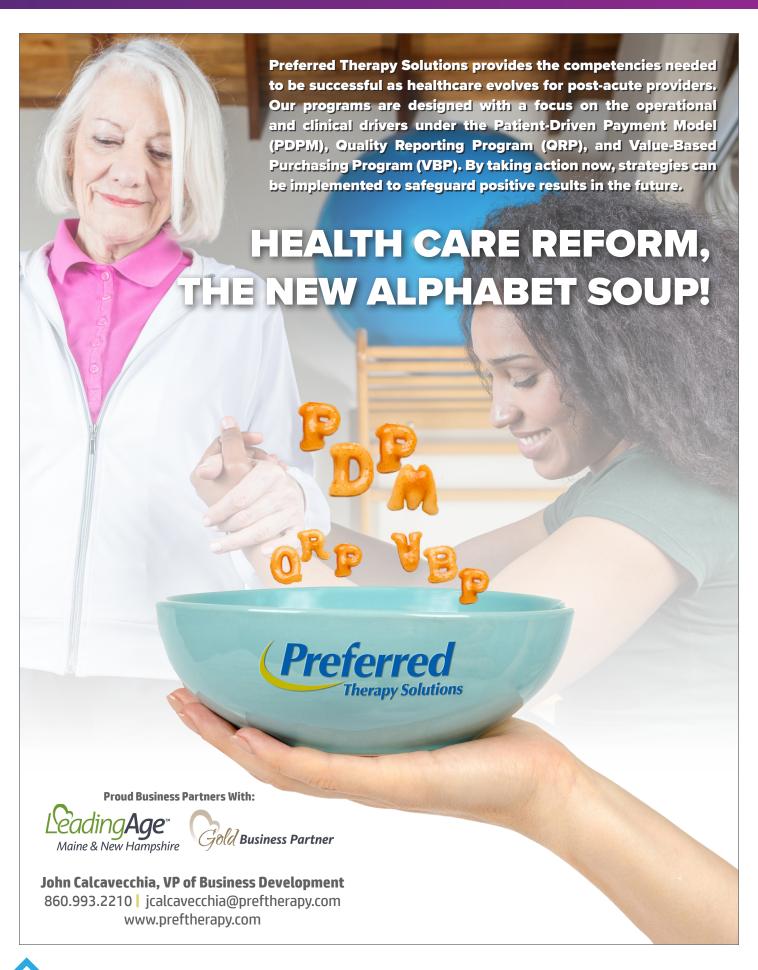




2019 Annual Conference and Exhibition

Sheraton Portsmouth Harborside Hotel, Portsmouth, New Hampshire April 10 & 11, 2019



# Welcome to the 2019 Annual Conference & Expo



#### ... there were endless possibilities?

- ...to dream without limits.
- ...to step outside the box.
- ...to embrace new ideas.
- ...to help our staff and residents find passion and purpose.

# What if we worked together to make life better for everyone?

We'll explore these big ideas and more at this year's 2019 Conference & Exhibition. Come away with actionable strategies, creative solutions and smart ways to be more effective in your role. Together we'll turn "What if" into "Why not"?!

#### **About LeadingAge Maine & New Hampshire**

**LeadingAge Maine & New Hampshire** is the association of not-for-profit, senior living communities and care providers in Maine and New Hampshire. Member organizations include nursing homes, assisted living communities, federally-assisted and market- rate housing, home and community-based services, and Life Plan Communities.

Our mission: To inspire our members to pursue innovation and the best life for older adults. www.LeadingAgeMENH.org.

LeadingAge Maine & New Hampshire is an affiliate of **LeadingAge** whose 6,000+ members and partners include not-for-profit organizations representing the entire field of aging services, 39 state partners, hundreds of businesses, consumer groups, foundations, and research partners. LeadingAge is also a part of the Global Ageing Network, whose membership spans 30 countries. www.LeadingAge.org



#### Schedule at a Glance

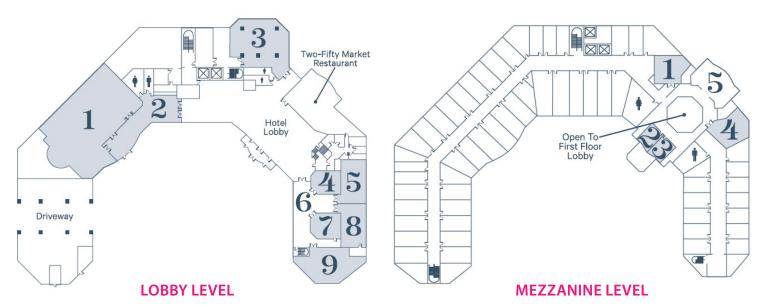
#### Wednesday, April 10, 2019

7:30-10:30am	Registration Desk Open @ Sheraton Harborside
8:00-9:30am	Leadership Breakfast: Matt Thornhill (pre-registration required)*
8:00-10:00am	Continental Breakfast Available
10:00-10:30am	Conference Opens: Welcoming Remarks
10:30-11:45am	Keynote: Matt Thornhill
11:45am-4:30pm	Leaders Loft Open
11:45am-12:30pm	Lunch Buffet Open
12:30-1:30pm	Lunch Program: Exhibitor Intros, Annual Meeting & LeadingAge Update
11:00am-4:00pm	Exhibitor Set Up
1:30-1:45pm	BREAK
1:45-2:45pm	Nontraditional Sessions
2:45-3:00pm	BREAK
3:00-4:30pm	Education Sessions
4:30-7:00pm	Expo & Awards Reception @ Harbor Events
7:00-9:00pm	Exhibitor Breakdown
7:00pm	Dinner on your own

#### Thursday, April 11, 2019

7:00-8:30am	Registration Desk Open @ Sheraton Harborside
7:00-8:00am	Breakfast Buffet
8:00-9:15am	General Session: Deb Lambert & Sarah Starcher
9:15am-12:30pm	Leaders Loft Open
9:15-9:30am	BREAK
9:30-10:45am	Innovation Exchange: Members share ideas that work!
10:45-11:00am	BREAK
11:00-12:30pm	Education Sessions
12:30pm	Adjournment

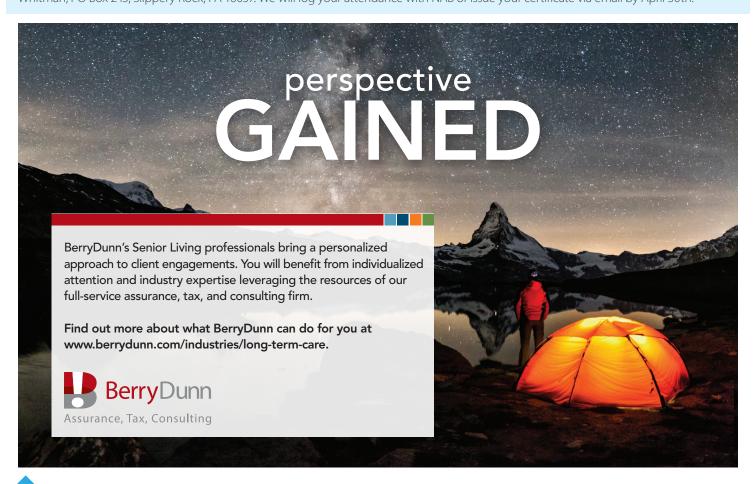
<sup>\*</sup>Additional fee applies



- 1. Ballroom
- 2. Ballroom Lobby
- 3. Harbor's Edge Room 6. Conference Lobby
- 4. Thaxter Room
- 5. Gardner Room 6. Conference Lobby
- 7. Wentworth Room
- 8. Lear Room
- 9. Amphitheater
- 1. Woodbury Room
- 2. John Paul Jones Room
- 3. Daniel Webster Room
- 4. Warner Room
- 5. Riverwatch Room

#### **CEUs: Remember to Punch In and Punch Out!**

If you are seeking CE Credits, remember to fill in your CE Verification Card then hand it to the session host for each session you attend. **Nursing Home Administrators must list your NAB Verify ID #.** Remember to punch in and punch out! Prior to leaving the conference, hand your completed verification card to a session host or turn it in at the registration desk. Verification cards may also be mailed to: Sara A. Whitman, PO Box 245, Slippery Rock, PA 16057. We will log your attendance with NAB or issue your certificate via email by April 30th.



#### Schedule of Events — Wednesday, April 10 — Sheraton

7:30am-10:30am Registration Desk Open @ Sheraton Harborside

8:00am-9:30am

Leadership Breakfast (HARBOR'S EDGE)

(pre-registration required)

Winning Workplaces of Today: How to Find and **Keep Top Talent** 

**Matt Thornhill**, Managing Partner - SIR's Institute for Tomorrow – Richmond, VA

The numbers tell the story: Record low unemployment. The number of workers ages 25-54 will remain flat for the next decade. Slow to no immigration. It's no surprise we're in an all-out war for workers. In this breakfast session, research-based futurist and generations expert Matt Thornhill will open your eyes to how to find and keep top talent today. He'll share best workforce practices from around the country and unveil specific, practical tactics to help you succeed with workers across all ages and generations. Come prepared to share your thoughts and experiences in this engaging and interactive session.

Special thanks to:





8:00am-10:00am **Continental Breakfast** 

10:00am-10:30am





#### 10:30am-11:45am Opening Keynote BALLROOM



Tomorrow's Senior Living Opportunity: How to be Netflix in a **Blockbuster World** 

**Matt Thornhill**, Managing Partner - SIR's Institute for Tomorrow – Richmond, VA

We all know change is coming to senior living, but what? When? How? And importantly, who? In this eye-opening keynote, Matt Thornhill—

futurist, generations expert, and co-founder of the think tank Institute for Tomorrow—will share insights and perspectives on the future. In this informative and provocative session, you'll gain a better understanding of the relevant trends impacting senior living and how understanding the mindsets and preferences of today's Boomers will create new opportunities in the segment.

Special thanks to:



#### 11:45am-4:30pm **Leaders Loft Open! RIVERWATCH**



The Leaders Loft is a comfortable space on the mezzanine level overlooking beautiful Portsmouth Harbor. Stop by for a cup of coffee, charge your phone, catch up on email or meet up with a colleague.

Special thanks to:



11:45am-12:30am **Lunch Buffet** 

12:30pm-1:30pm

Lunch Program BALLROOM

**Exhibitor Introductions, Annual Meeting &** LeadingAge Update

Special thanks to: **PERKINS THOMPSON** 

1:30pm-1:45pm **Networking Break** 

Special thanks to:



#### Schedule of Events — Wednesday, April 10 — Sheraton

1:45pm-2:45pm

#### **Non-Traditional Sessions: Share and Learn!**

#### **Driving Resident Engagement**

#### How can we help residents feel connected and engaged?

Many residents encounter challenges to becoming fully connected and engaged in their communities. These challenges may stem from isolation, the loss of a spouse, giving up driving, communication challenges, changing physical abilities and attitudes.

Join us for a non-traditional learning session where you drive the discussion! How are Maine & New Hampshire member communities working to overcome barriers to engagement? Facilitators will help spark new ideas by promoting conversation and knowledge sharing. You'll make new connections and leave energized with new ideas! Attend one of four discussion groups:

#### A.1 Person-centered engagement GARDNER

FACILITATOR:

**Linda Sheehy**, VP of HR & Risk Management

Special thanks to: Bank



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#### A.2 Reducing social isolation **LEAR**

FACILITATOR:

**Alijah Swasey**, Health Promotions Coach – Kendal at Hanover

Special thanks to:



#### A.3 Overcoming communication barriers WENTWORTH

FACILITATOR:

**Tara Konieczko**, Life Enrichment Manager – Piper Shores

Special thanks to:



#### A.4 Fostering community integration HARBOR'S EDGE

FACILITATOR:

Christine Hegarty, LICSW, Director of Social Services – RiverWoods Exeter





(Pre-registration required)

#### A.5 Visit with experienced CEOs

"Withdraw" an experienced CEO from our Leader Library for a 15-minute conversation. Forgot to sign up? We may be able to accommodate drop-ins. Stop by the Leaders Loft!

2:45pm-3:00pm **Networking Break** 

3:00pm-4:30pm

#### **Concurrent Education Sessions**

#### **B.1** What If You Could Help Your Team and Residents Better Manage Through Change? HARBOR'S EDGE

Dan Vogt, Senior Manager, BerryDunn – Portland, ME

Senior living communities face significant change ahead. Baby Boomers residents and Millennial/Gen Z staff have unique expectations. Providers will need to become technology-savvy and embrace innovative ideas to support independence and wellness. Longstanding staff and residents may be resistant to change. This interactive session will share a methodology for change management, offering examples and techniques to lead organizations through change, coach staff, and achieve goals.

Special thanks to:



#### B.2 Using Art to Engage, Inspire and Uplift Older Adult **Audiences LEAR**

Jane Oneail, President, Culturally Curious, Founder of Alzheimer's Café at the Currier Museum of Art – Manchester, NH

Jane Oneail of Culturally Curious is a seasoned arts educator who regularly visits assisted living and retirement communities to lead discussions about works of art. Join us to learn:

- Why art discussions are enriching, low-cost activities
- How to choose great images for discussions
- How to facilitate discussions that engage everyone, regardless of past experience with art

Special thanks to: LAVALLEE

**BRENSINGER ARCHITECTS** 



#### **B.3** Best Practices to Prevent Rehospitalizations – Learning from a Pilot Program GARDNER

Rajeev Kumar, MD CMC FACP, Chief Medical Officer, Symbria – Warrenville, IL

Avoidable readmissions of Medicare A beneficiaries has emerged as the singular indicator of unnecessary and wasteful spending of healthcare resources and bad outcomes. This metric defines 'value' in Value Based Purchasing by affecting both quality of care received by beneficiaries and the cost. Implementing best practices and reducing clinical variations have shown promising results in reducing avoidable readmissions. Featured in this presentation are two pilots designed to reduce readmissions in SNF populations. The group will discuss a Chicago area study of six nursing homes where implementing best practices and measuring clinician compliance resulted in reducing readmissions by 25% in three months. But what happened when the pilot ended, and no one was watching?



#### B.4 Forwarding-Thinking Leadership AMPHITHEATER

**Keith Robertson**, Managing Director, Ziegler – West Hartford, CT PANELISTS:

**Justine Vogel**, CEO, The RiverWoods Group – Exeter, NH

Maureen Carland, MA, RN-BS, NHA, Administrator, Maine Veterans' Home-Scarborough – Scarborough, ME

**Peter Sullivan**, MBA, RN-BC, LRCA, CDP, Executive Director, Birch Bay Retirement Village – Bar Harbor, ME

Join us for a facilitated panel discussion featuring leaders of some of the most forward-thinking organizations in our region. These executive panelists will consider the greatest threats and opportunities to our not-for-profit sector and their own organizations. Will the Boomers want what we have to offer? Can we effectively compete in the ever-changing senior living and healthcare marketplace? How do we prioritize and address all of the external influences facing our field? This compelling, provocative session will inform and empower organizations of all sizes and service lines.

Special thanks to:



# When it comes to helping you provide quality care, **McKesson Delivers**

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#### Ready. Set. Network!

# **Welcome to our Expo!**

#### 4:30pm-7:00pm

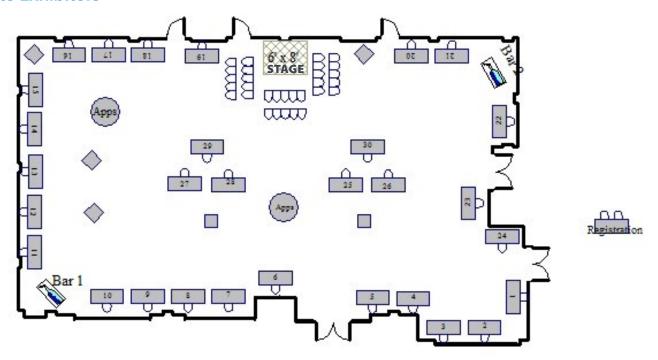
#### Portsmouth Harbor Events – 100 Deer St, Portsmouth, NH 03801

Following the day's sessions, "happy hour" awaits you at Portsmouth Harbor Events – a two-minute walk from the Sheraton in the heart of downtown Portsmouth. Enjoy a complimentary beverage and ample hors d'oeuvres while visiting with 30 vendors. Discover innovative products and services and get up to speed on the latest technologies...and be sure to enter all the drawings for exciting giveaways! Thanks in advance for making a point to visit our vendors. We appreciate their vital support of LeadingAge Maine & New Hampshire.

#### **Don't Miss the Standing Ovation Awards**

It's our honor to recognize providers who embody excellence in leadership, care and service innovation. A true conference favorite, don't miss the 2019 Standing Ovation Awards Program starting at 6:15pm.

#### **Guide to Exhibitors**



- 1. Hillyard, Inc.
- 2. BB&T Capital Markets
- 3. Engelberth Construction
- 4. Geriatric Medical
- 5. WBRC Architects Engineers
- 6. Symbria
- 7. ESL Distributing, LLC
- 8. Gawron Turgeon Architects
- 9. New Hampshire Community Loan Fund
- 10. Glendale Senior Dining

- 11. Systems Engineering
- 12. JSA, Inc.
- 13. HJ Sims
- 14. C.E. Floyd Company, Inc.
- 15. Guardian Pharmacy of Maine
- 16. EGA, P.C.
- 17. ValueFirst
- 18. CLA (CliftonLarsonAllen LLP)
- 19. Lavallee Brensinger Architects
- 20. The Compliance Store

- 21. Allen & Major Associates, Inc.
- 22. Preferred Therapy Solutions
- 23. PharMerica
- 24. Daniels Equipment Company
- 25. Santa Buckley Energy
- 26. Onepath
- 27. McKesson Medical-Surgical
- 28. Windover Construction
- 29. Fred C. Church Inc.
- 30. Johnson Kendall Johnson

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#### Allen & Major Associates, Inc. #21 🕒

400 Harvey Road, Suite D Manchester, NH 03103 www.allenmajor.com Robert Clarke, PLA, ASLA - Principal 603-627-5502 rclarke@allenmajor.com

Allen & Major Associates, Inc. (A&M) provides site civil engineering, land survey, and landscape architectural services for senior living, healthcare, rehabilitation facilities and master planned communities.

#### BB&T Capital Markets #2 B

101 Arch Street, Suite 1520 Boston, MA 02110 www.bbtcapitalmarkets.com/healthcare Roger Randall, II, Senior Vice President 617-316-1303 rrandall@bbandtcm.com

BB&T Capital Markets offers comprehensive investment banking solutions for CCRC's, independent living, skilled nursing and assisted living communities.

#### C.E. Floyd Company, Inc. #14 🕒

135 South Road Bedford, MA 01730 www.cefloyd.com Jessica Harris, Business Development Manager 781-325-0118 jharris@cefloyd.com

We are a general contractor/construction manager in Bedford, MA and Middletown, CT. We build relationships with partners who value service and have worked on 51 senior living campuses in New England. Recent clients include Hunt Community, LCB and Epoch.

#### CLA (CliftonLarsonAllen LLP) #18 S

300 Crown Colony Drive, Suite 310 Quincy, MA 02169 www.CLAconnect.com Timothy Jalbert, Manager 617-984-8100 x14433 timothy.jalbert@CLAconnect.com

CLA exists to create opportunities for our clients, our people, and our communities through industry-focused wealth advisory, outsourcing, audit, tax, and consulting services. With more than 6,100 people, 120 U.S. locations, and a global affiliation, we promise to know you and help you. For more information visit CLAconnect.com. *Investment advisory services are offered through CliftonLarsonAllen Wealth Advisors, LLC, an SECregistered investment advisor.* 

#### The Compliance Store #20 G

355 Industrial Park Blvd Montgomery, AL 36117 www.thecompliancestore.com Brandon Stephens, National Sales Executive 877-582-7347

Brandon.stephens@thecompliancestore.com

Since 2010, The Compliance Store has been the only comprehensive web-based regulatory compliance management resource for long-term care. Our website supports providers across the nation and helps them spend more time with their residents, rather than doing paperwork and research. We provide anytime access to regulatory and government agency information, update alerts, education, tools, and templates tailored specifically for long-term healthcare. The Compliance Store is owned by long-term healthcare providers who take pride in being a family-owned company with nationwide reach.

#### Daniels Equipment Company #24 🕒

45 Priscilla Lane Auburn, ME 03032 www.danielsequipment.com Lisa Mahan, Executive Sales Coordinator 800-258-3571 sales@decequip.com

Daniels Equipment is your Total Laundry Solution. We provide all of your equipment, service, parts, ozone, and chemistry for the laundry room.

#### EGA, P.C. #16 B

1 Vernon Street Newburyport, MA 01950 www.ega.net Gerry Menke, CEO 978-462-5515 gmenke@ega.net

EGA is an architectural design firm specializing in the design of senior living environments. EGA is a nationally recognized leader in the senior living field.

#### Engelberth Construction #3 🕒

70 Commercial Street, Ste. 202 Concord, NH 03301 www.engelberth.com Jim Rose, Director of Business Development 603-873-4144 jim.rose@engelberth.com

Engelberth has successfully completed a wide array of project types ranging from small scale to major expansions at some of the finest healthcare facilities and institutions. We pride ourselves on providing accurate and reliable information, superior service, quality construction, achievable project goals, and most important, the confidence that our clients are receiving the best value for their construction dollar.

#### ESL Distributing, LLC # B

16 Main Street
Pittsfield, NH 03263
www.esldistributing.com
Eric LaRoche, President
603-435-7521
Eric@esldistributing.com

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#### Fred C. Church Inc. #29 S

41 Wellman Street Lowell, MA 01851 www.fredcchurch.com Tom Rogers, Vice President – Health and Human Services Practice Leader 978-322-7237 trogers@fredcchurch.com

Fred C. Church provides Risk Management, Property and Casualty Insurance, and Employee Benefits Programs for healthcare and human service providers throughout New England.



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#### Gawron Turgeon Architects, P.C. #8 🕒

29 Black Point Road Scarborough, ME 04074

www.gawronturgeon.com

Mary E. Turgeon, CHID, IIDA, LEED AP ID+C, Principal

207-883-6307

mturgeon@gawronturgeon.com

Gawron Turgeon Architects, P.C. (GTA) is an award-winning design firm offering architecture, interior design, landscape architecture and master planning services. We design spaces for healthcare, senior living, municipalities, corporations, financial institutions, auto dealerships and non-profits.

#### Geriatric Medical #4 🕒

28 Torrice Drive Woburn, MA 01801 www.gerimed.com Brenda Demirjian, Strategic Account Manager 603-944-0130

brenda.demirjian@gerimed.com

Premier distributor of medical supplies and equipment. Online innovative solutions for cost reduction, operational efficiency and CE education improving quality outcomes.





#### Glendale Senior Dining #10 🕒

749 East Industrial Park Drive Manchester, NH 03109 www.glendalesdiningservices.com Todd Lindsay, Director of Business Development 603-437-0200

tlindsay@glendaleseniordining.com

Glendale Senior Dining is a quality-driven dining management services company dedicated to not-for-profit senior living communities throughout the northeast.

#### **Guardian Pharmacy of Maine #15** S





3 Business Parkway, Suite 2 Brunswick, ME 04011 www.guardianpharmacymaine.com Tracey Taylor, Sales/Marketing Representative 207-373-9077 ext. 2235 tracey.taylor@guardianpharmacy.net

We are an exclusively long term care pharmacy located in Brunswick, Maine that provides pharmacy services to nursing facilities, assisted living communities, ICF, and group homes in Maine and New Hampshire.

#### Hillyard, Inc. #11 🕒

1070 Holt Avenue Manchester, NH 03109 www.hillyard.com Dan Smith, Sales Manager 603-785-6819 danielsmith@hillyard.com

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#### HJ Sims #13 B



Fairfield, CT 06824 www.hjsims.com Andrew Nesi, Executive Vice President

203-418-9057

anesi@hisims.com

Since 1935, HJ Sims has raised \$27+ billion in senior living financings nationally. We are a full-service investment bank specializing in tax-exempt and taxable bonds, mezzanine loans, equity, seed capital, bank financing, and FHA-insured loans.





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greater independence, encourage wellness,

Brensinger Architects Senior Living Studio

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#### Johnson Kendall Johnson #30 S

109 Pheasant Run Newtown, PA 18940

www.jkj.com

Patrick J. Mullen, Vice President

215-579-6428

pmullen@jkj.com

Insurance, Risk Management, and Employee Benefits Brokerage firm specializing in the Senior Living Industry, working with 200 senior living communities in 18 states.

#### JSA, Inc. #12 B

273 Corporate Drive, Suite 100 Portsmouth, NH 03801 www.jsainc.com Anne Weidman, Business Development/ Community Outreach 603-239-1282 aweidman@jsainc.com

JSA Inc. Architects and Interior Designers create enriching environments that allow seniors to enjoy life to the fullest, integrating wellness and safety with physical and social activity.

#### Lavallee Brensinger Architects #19 S 155 Dow Street, Suite 400

Manchester, NH 03101

Joan Eagleson, Principal

Joan.eagleson@lbpa.com

and encorporate safety.

www.lbpa.com

603-622-5450



McKesson Medical-Surgical #27 S



9554 Maryland Avenue Richmond, VA 23233

www.mckesson.com/ltc Paul Pilfka, Account Manager

978-833-7398

paul.pilfka@mckesson.com Zetta Fogg, Account Manager 207-852-9807

zetta.fogg@mckesson.com

McKesson Medical-Surgical offers more products, business solutions, distribution services, clinical support and education to long term care than other medical supply distributors. By working together, we can help you achieve better clinical and business outcomes. Let us support you so you can focus on providing the highest standards of care.

# Why You + Fred =A Great Team! You can depend on Fred to safeguard your community, so you can continue to inspire, empower and care for our seniors. Fred C. Church Because it's not just the policy. It's the people.® Home • Auto • Business • Bene 978-458-1865 edcchurch.com



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### New Hampshire Community Loan Fund

7 Wall Street Concord, NH 03301 www.communityloanfund.org Ken Kunhardt, Director of Investor Relations 603-856-0716 kkunhardt@communityloanfund.org

The New Hampshire Community Loan Fund is a Community Development Financial Institution founded in 1983 and certified by the US Treasury. We provide the financing for, and support to, New Hampshire families with low and moderate incomes to obtain affordable homes, quality jobs and child care. Lending capital is obtained from over 675 individual and institutional investors including RiverWoods and RiverMead.

#### Onepath #26 G

56 High Street North Andover, MA 01845 www.1path.com Pete Peterson, Vice President, Sales 978-683-9100 ppeterson@1path.com

Onepath is the one source for all things to do with designing, deploying, and supporting technology for senior living communities – from cable to cloud. We are the easier way to get hard things done.

#### PharMerica #23 B

1901 Campus Place Louisville, KY 40299 www.pharmerica.com Jim O'Mara, Account Executive 774-284-1442 James.O'Mara@pharmerica.com

Through innovative solutions, PharMerica is redefining cost-effective pharmacy management services by providing the tools needed to ensure accurate and easy access to medications and professional assistance to ensure customers comply with mandated regulations.

#### Preferred Therapy Solutions #22 6

850 Silas Deane Highway - 2nd Floor Wethersfield, CT 06109 www.preftherapy.com John Calcavecchia, Vice President of Business Development 860-993-2210 icalcavecchia@preftherapy.com

Preferred Therapy Solutions provides the competencies needed to be successful as healthcare evolves for post-acute providers. Our programs are designed with a focus on the operational and clinical drivers under the Patient-Driven Payment Model (PDPM), Quality Reporting Program (QRP), and Value-Based Purchasing Program (VBP). By taking action now, strategies can be implemented to safeguard positive results in the future.

#### Santa Buckley Energy #25 S



Santa Buckley Energy Corporation is a comprehensive energy solutions company whose knowledgeable employees provide quality products and services to ensure that our customers purchase and utilize energy efficiently. Founded in 1940, Santa Buckley Energy markets delivered liquid energy products, oil and propane, to commercial clients throughout the New England region. The depth of our assets in the market allow us to serve customers with widely varying energy requirements.

#### Symbria #6 B

28100 Torch Parkway, Suite 600 Warrenville, IL 60555 www.symbria.com Brian Pontolilo, Director of Client Relations and Business Development 630-413-5800 pbrian@symbria.com

Symbria provides a symbiotic approach to rehab, wellness and pharmacy services for senior-living and post-acute care providers. Visit www.symbria.com

#### Systems Engineering #11 S



With offices in Maine and New Hampshire, Systems Engineering works with healthcare organizations, business associates, providers and hospitals offering the highest level of IT support and services. Contact SE today to Get Ahead of IT.

#### Value First #17 🕝

13 British American Blvd., Suite 2 Latham, NY 12110-1431 www.valuefirstonline.com Den Miciletto, Value First Sales Liaison 917-370-6518 dmiciletto@leadingageny.org

Value First is a group purchasing organization that leverages the buying power of LeadingAge members across the country to get the best pricing on supplies.

#### WBRC Architects Engineers #5 B

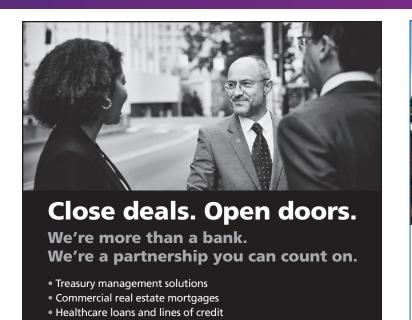
30 Danforth Street
Portland, ME 04101
www.wbrcae.com
Will Pogar, Principal, Region Director
207-828-4511
will.pogar@wbrcae.com

WBRC Architects Engineers is a Maine-based, full-service team of 50 architects, engineers and interior design professionals founded in 1902. Healthcare is a major focus at WBRC, with healthcare and senior living projects in 10 states.

#### Windover Construction #28 S

66 Cherry Hill Drive Beverly, MA 01916 www.windover.com Molly Romano, Client Services/Marketing Coordinator 978-720-8280 mromano@windover.com

Windover supports senior independent and assisted living facility owners, operators, and administrators by building facilities that enable world-class care and quality of life. With expertise in construction management, design-build, project development, and virtual design and construction services, we deliver dignified spaces to ease life's transitions. As a 100% employee-owned firm, Windover is differentiated by its people and focused on providing exceptional experiences for clients and all team partners from project inception to completion.



Helping you to fulfill your mission of serving older adults is our focus. We can act as "general counsel" or assist with particular issues from time to time, according to your needs and budget, all while keeping your mission at the forefront.

Serving You is Our Mission

To speak with your dedicated contact, Melissa Hanley Murphy, please call (207) 774-2635 ext. 8105 or email her at mmurphy@perkinsthompson.com

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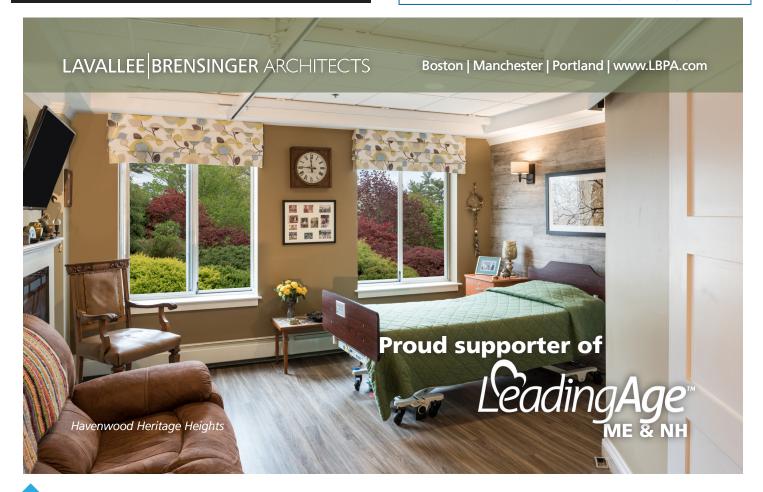
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Hinckley Allen provides a full range of legal services and pragmatic business advice to clients throughout the Northeast.

#### **CONTACT US:**

Mark McCue, Chair, Health Care & Senior Living 603-545-6128 • mmccue@hinckleyallen.com

**Daniel Deschenes, Partner, Litigation & Senior Living** 603-545-6110 • ddeschenes@hinckleyallen.com

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#### Schedule of Events — Thursday, April 11 — Sheraton

7:00am-8:30am Registration Desk Open @ Sheraton Harborside

7:00am-8:00am Breakfast Buffet

8:00am-8:15am





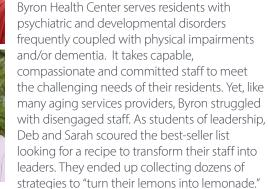
8:15am-9:15am

General Session BALLROOM



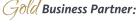
#### Cultural Transformation: From Indifference to Engagement

**Deb Lambert**, President and CEO, Byron Wellness Systems; **Sarah Starcher**, Executive Director, Byron Health Center – Fort Wayne, IN



In this dynamic presentation, they will summarize lessons learned on their journey to transform their organizational culture. The payoff has been sweet! Today, engagement is up and turnover is down—thanks to a collaborative work environment where staff are empowered to grow as leaders.

Special thanks to





9:15am-12:30pm
Leaders Loft Open! RIVERWATCH

Special thanks to:



9:15am-9:30am Networking Break

9:30am-10:45am

# Innovation Exchange – A Marketplace of Ideas! BALLROOM

In this fast-paced, highly interactive session, you'll travel from table to table to discover new concepts and innovations developed by LeadingAge Maine & New Hampshire members and partners.

Special thanks to:



10:45am-11:00am Networking Break

11:00am-12:30pm

Concurrent Education Sessions

C.1 The Self-Contained Village for Individuals with Dementia: A Model for Resident-Centered Care GARDNER

**Tammy Bickmore** OTD, OTR/L, Program Director; **Bernadette Kroon** PT, DPT, GCS, CEEAA, Lecturer, University of Southern Maine – Portland, ME

How well do you know your residents – their life history, way of living, cultural norms, what they like to do, their many preferences and wishes? Is the environment in our community designed to encourage your residents, especially those with dementia to remain active and engaged? This presentation will explore the Dutch "dementia village" of Hogeweyk and their remarkable approach to dementia care. Join us to explore the physical, social, and medical approaches featured in this village model, compare them with current models of care, and discuss opportunities and challenges to offer truly resident-centered dementia care.

Special thanks to: MCKESSON

## C.2 Recipes for Turning Your Lemons Into Lemonade

**Deb Lambert**, President and CEO, Byron Wellness Systems; **Sarah Starcher**, Executive Director, Byron Health Center – Fort Wayne, IN

Deb and Sarah's dynamic morning keynote will explore leadership concepts—the raw ingredients of a recipe to foster staff engagement. This follow-up, interactive session will give you specific strategies for turning your own lemons into lemonade. Deb and Sarah will demonstrate team activities and highlight processes and policies that have helped them forge a culture of collaboration and expectation. In the process, you'll learn how to move from a reactive to a proactive approach to problem-solving as well as how to have the hard conversations with some of your toughest "lemons."

Special thanks to:



#### Schedule of Events — Thursday, April 11 — Sheraton

# C.3 Long Term Care Reimagined: The Household Model at The Cedars AMPHITHEATRE

**Angie Hunt**, Chief Operating Officer, The Cedars – Portland, ME and a panel of team members

The Cedars will be the first senior living community in Northern New England to convert their nursing home into the Household Model. They will forego the traditional institutional model of care—with hospital-like facilities and highly regimented mealtimes and activities—for an authentic home environment where residents can follow their own routines and make their own choices about how to go about their daily lives. Learn about their journey, including how they learned to overcome obstacles, real and perceived. Come away with person-directed strategies you can implement today, even if you are just beginning to explore the Household Model.

Special thanks to:



## C.4 Legal Perspectives on Emerging Operational Issues WOODBURY

**Cory Kallheim**, VP, Legal Affairs and Social Accountability, LeadingAge – Washington, DC; **Daniel M. Deschenes, Esq.**, Partner, Hinckley Allen – Manchester, NH

Technology is rapidly evolving, and social norms are changing. How can providers draft effective policies to balance resident autonomy with potential risk and liability concerns? Learn about the legal issues involved in Uber/Lyft liability, medical and recreational marijuana use, firearms policies, AED policies, cyber security, entertainment licensing and social media use. Hear from counsel on how to effectively manage the most pressing operational challenges facing aging services providers today.

Special thanks to:



12:30pm Adjournment



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#### **CONFERENCE PLANNING COMMITTEE**

Our sincere thanks to the following members who volunteered their time and expertise in the development and planning of this conference:

**David Urso**, Chair – Director of Resident Services – Kendal at Hanover, Hanover, NH

**Peggy Buckley**, Assistant Director of Nursing – Maine Veterans' Home, Scarborough, ME

**Matt Nash**, Vice President of Strategic Development – Preferred Therapy Solutions, Wethersfield, CT

**Jane Poitras**, Administrator – Havenwood Heritage Heights, Concord, NH

**Lara Shea**, CEO/Executive Director – Scott-Farrar at Peterborough, Peterborough, NH

#### **STAFF**

**Lisa Henderson**, Executive Director **Cathy Anderson**, Assistant Director

Rachel Salzman, Intern

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- QAPI Quick Start Tool Kit, Tools, & Policies
- Staff Development Training Program Binder Basics

#### Training Resources:

- Behavioral Health Services
- Compliance and Ethics Program
- Effective Communication
- Infection Prevention & Control

- QAPI Essentials Training
- Resident Rights and Facility Responsibilities
- Trauma Informed Care
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### Let's Talk.

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